



Somers Sports & Fitness Center
 245 Route 100
 Somers, NY 10589
 914-301-3861
 www.somerssports.com

Children Ages 3 to 6
When: Tuesday 1/19 to 3/23
 no class 2/16
Time: 10:30am to 11:30am
Where: Somers Sports Center 245 Route 100
 (914) 301-5861
Fee:\$150

Space is limited...register early!

For More Information:
 Email:
 info@somerssports.com
 Telephone: 914-301-5861

Yoga Play for Kids

A Program designed to introduce young children ages 3 to 5 to Yoga.

Yoga enhances your child's flexibility, strength and coordination. In addition, their concentration and sense of calmness and relaxation improves.

Doing yoga, children exercise, play and develop an intimate relationship with the natural world that surrounds them.

-Tear Here-

Yoga Play for Kids Program Registration Form

Participants Name: _____
 Gender: Male Female D.O.B.: ___/___/___ Age: ___ years
 Parent / Guardian Names: _____
 Postal Address: _____
 City: _____ State: _____ Zip: _____
 Telephone: _____ Email: _____
 In case of emergency call: _____ Phone # _____

- . This form must be completed and accompanied with payment in full in order for your registration to be accepted.
- . One registration form per participant.
- . A program may be canceled if there is not the minimum number of participants registered.
- . If Somers Sports & Fitness Center cancels a class due to inclement weather or other emergency, a makeup class will be scheduled.
- . There are no make-ups for classes missed.
- . Returned checks are subject to a \$25.00 fee

I have read and agree to the Terms & Conditions on the reverse side of this form

Legal Guardian Signature: _____ Date: _____

Acknowledgment of Risks, Injury & Obligations

I acknowledge that the activity I am/my child is about to undertake is a dangerous activity and that by participating in it I am/my child is exposed to certain risks.

I acknowledge and understand that whilst participating in such activity;

- I/My child may be injured, physically or mentally, or may die;
- My personal property may be lost or damaged;
- Other persons participating in such activity may cause me/my child injury or may damage my property
- I/My child may cause injury to other persons or damage their property
- The conditions in which the activity is conducted may vary without warning
- I/My child assume the risk of and responsibility for any injury, death or property damage resulting from my participation in the activity.

Release and Indemnity

I participate in the activity at my sole risk and responsibility. I release, indemnify and hold harmless Somers Fitness Center, its servants and agents, from and against all and any actions or claims which may be made by me or on my behalf or by other parties for or in respect of or arising out of any injury, loss, damage or death caused to me or my property whether by negligence, breach of contract or in any way whatsoever. I affirm that I am of legal age and am freely signing this agreement, or that I am the parent or legal guardian of the minor for whom I am giving up legal rights and/or remedies which may be available to me for ordinary negligence of the center.